



# ST. ALOYSIUS' COLLEGE

AUTONOMOUS  
JABALPUR- 482001  
MADHYA PRADESH, INDIA

## CRITERION-7

### INSTITUTIONAL VALUES AND BEST PRACTICES

Key Indicator – 7.1

Institutional Values and Social Responsibilities



Metric No.: 7.1.1

Promotion of Gender Equity



Document Name

Women Cell Activities 2020-21





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College with Potential for Excellence (CPE) by UGC

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## Promotion of Gender Equity

**7.1.1 Institution has initiated the Gender Audit and measures for the promotion of gender equity.**

Gender equity & sensitization in curricular and co- curricular activities, facilities for women on campus.

### Women Cell Activities 2020-21

S.No	Objective of the Activity	Name of the Event/Activity	Outcome of the Activity	No. of Participants
1	Gender Sensitization	Online Program on International Day of Zero Tolerance for Female Genital Mutilation	Promote community-led initiatives to end the practice.	27
2	Skills Enhancement Program	Training Program for girl students on Vedic Mathematics	Students get the tips and tricks to develop problem solving skills	65
3	Awareness Program on "Health and Hygiene"	Webinar on Decoding the mind-body connection of Women in India Invited talk on "Preventive Measures during Mensuration Cycle".	To create awareness on menstrual hygienic practices	118
4	Skill Development Program	Training Program for girl students on Hardware and Troubleshooting	Skilled to assemble the PCs', faults detection and	25



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			handling trouble shooting.	
5	Gender Equality	Online Poster Making Competitions to celebrate Women Day on theme "Women in Today's Era"	Awareness on Gender Equality	<b>59</b>
6	Entrepreneurship Skills	Training Program on "Detergents and Soap Making"	Enhance the Entrepreneurship Skills for creating own business.	<b>43</b>
7	Infrastructure and Supporting facilities	Special training session for playing Volleyball to Women Volleyball team	Girls students get motivation to play with full enthusiasm	
8	Entrepreneurship Development Program	Three Days Training Program on "Create Best Out of Waste for Empowering Entrepreneurship"	Developing useful things from waste material	<b>78</b>
9	Self Defense	Twenty-one days Virtual Training programme on "Self Defense using Karate"	Enhanced participants' self- defense skills.	<b>56</b>
10	Recognize Women's achievements	PowerPoint Presentation Competition on "Eminent Women Personality: Contribution towards Economy"	Understanding and recognition of women's economic contributions	<b>21</b>



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## Training Program on 'Hardware Course for Girls' for Girl Students

**Objective:** To make Women Techno-savvy

**Date:** 19<sup>th</sup> October and 20<sup>th</sup> October 2020

**Report:** A two days Training Program on 'Hardware Course for Girls' for girl students was organized in collaboration with Computer Science Department on 19<sup>th</sup> and 20<sup>th</sup> of October 2020. The trainer was Mr. Johan Lal Yadav. The aim of the program was to make the students aware about computer hardware, to identify the parts and detect the defects and faults in order to promote women empowerment and making them tech savvy.

**Day 1-** The participants were given the theoretical information of the computer hardware, that included, RAM, ROM, Motherboard, CPU, Buses, Hard disk etc. their uses, internal and external structures, working, internal arrangement, replacing and repairing process.

**Day 2-** Practical demonstration of the arrangements of hardware inside CPU, identifying faults, assembling the system.

**Impact-** Skilled to assemble the PCs', faults detection and handling trouble shooting. This course helps the girl students to enhance the technical skills in IT sector and open up the career opportunities in hardware maintenance, system administration and IT-related technological fields.



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## Workshop on Drawing and Painting

**Objective:** to make women more creative and productive by developing awareness of drawing and painting.

**Date:** 26 to 30 December 2020

**Report:** The department of Education organized a 'Workshop on Drawing and Painting' from 26 to 30 December 2020. Total 33 students participated and successfully completed the workshop. Mr. Neelesh Mourya was the resource person. The topics covered were sketching, basics of drawing, different tools of drawing & painting and calligraphy. The objectives of the workshop were to make the girl students more creative and productive, to develop interest and awareness of drawing and painting and to develop inner qualities of students.

**Impact:** Participants uncover hidden talents, confront creative challenges, and develop a deeper understanding of themselves through their artistic expression.



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## Skill Enhancement Program on “Tips and tricks of Vedic Mathematics”.

**Objective:** to aware the students about techniques of Vedic Mathematics.

**Date:** 18<sup>th</sup> December 2020

**Report:** The Women Cell in collaboration with Department of Mathematics organized One-day Education Program for girls' students on the topic “Tips and Tricks on Vedic Mathematics” on 18<sup>th</sup> December 2020. The objectives of the event were:

- to make the students aware about Vedic mathematics and tricks, so that one can solve complex problems much easily and efficiently.
- to enable faster calculation as compared to the conventional method. to give better understanding of mathematic and increase creativity and confidence in them.
- to promote women empowerment.

The content of the program included, 16 essential sutras of Vedic Mathematics like- Ekadhikina purvana (One more than the previous one), Gunakasamuchyah (The factor of the sum is equal to the sum of the factors), Shesanyankena (The remainders by the last digit), Sankalana (By addition and subtraction), etc. Many Techniques/Sutras to solve the mathematical arithmetic in easy and faster way. Sixteen sutras (formulae) and 13 sub-sutras (sub-formulae) which can be used for problems involved in Arithmetic, algebra, geometry, calculus, conics etc.

**Impact:** This program helps the students to develop logical thinking and problem-solving skills. It also improves the memory, concentration and reasoning skills which used in competitive exams



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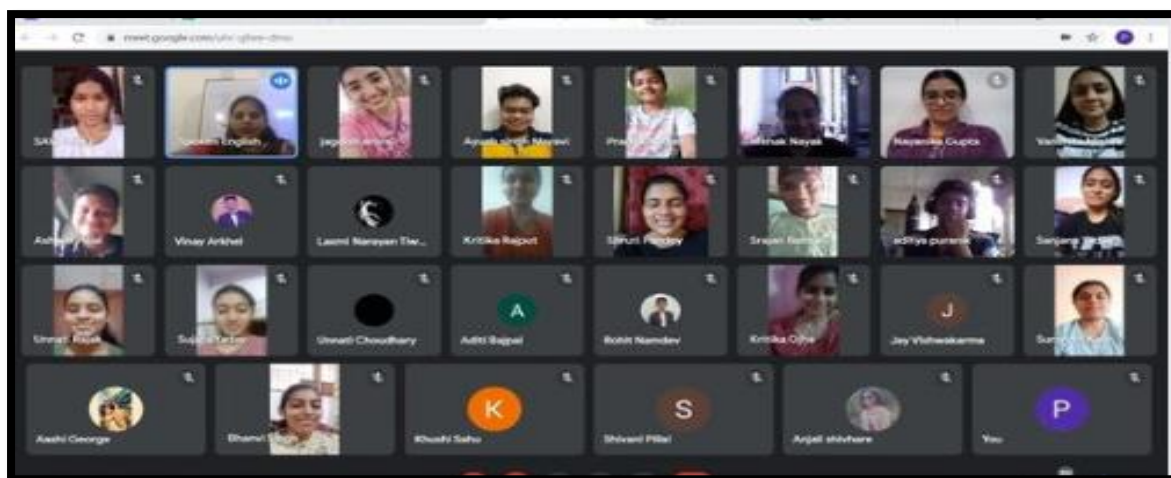
## Webinar on “Techniques for making detergents and soap”

**Objective:** to develop entrepreneurship skills

**Date:** 8<sup>th</sup> January, 2021

**Report:** Department of Chemistry in collaboration with women cell organized a webinar on “Detergents and Soap making”. The aim of the activity was to develop entrepreneurships in detergents and soap making business. Dr. Mrs. Anjali Dsouza, Department of Chemistry deliver an informative talk and Dr. Smarika Lawrence, Head, Department of Chemistry took the practical sessions.

**Impact:** Students get familiar with the various tools and techniques for developing her own small business of making soap and detergents







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## Webinar on “*Decoding the mind-body connection of Women in India*”

**Objective:** to create awareness among the students on the present scenario of health and hygiene of women in India.

**Date:** 16<sup>th</sup> January, 2021

**Report:** Women Cell organized one day Webinar on “**Decoding the mind-body connection of Women in India**” in collaboration with Sarvpriye Foundation, New Delhi on 16<sup>th</sup> January, 2021. The aim of the webinar was to create awareness among the students on the present scenario of health and hygiene of women in India. The resource persons were Dr. Veena Gupta, Oncologist, New Delhi and Mr. Sandeep, Certified trainer from Gold's & Ace (American Council on Exercises). Dr. Veena Gupta and Mr. Sandeep oriented the students on good menstrual hygienic practices such as the use of sanitary napkins; washing and cleaning; how to dispose of sanitary napkins, followed by precautions to be taken during the period, and dietary habits, so, as to enable them to lead a healthy reproductive life in future.

**Impact:** Students get awareness on good menstrual hygiene practices such as use of sanitary napkins, washing and cleaning, disposal of sanitary napkins.





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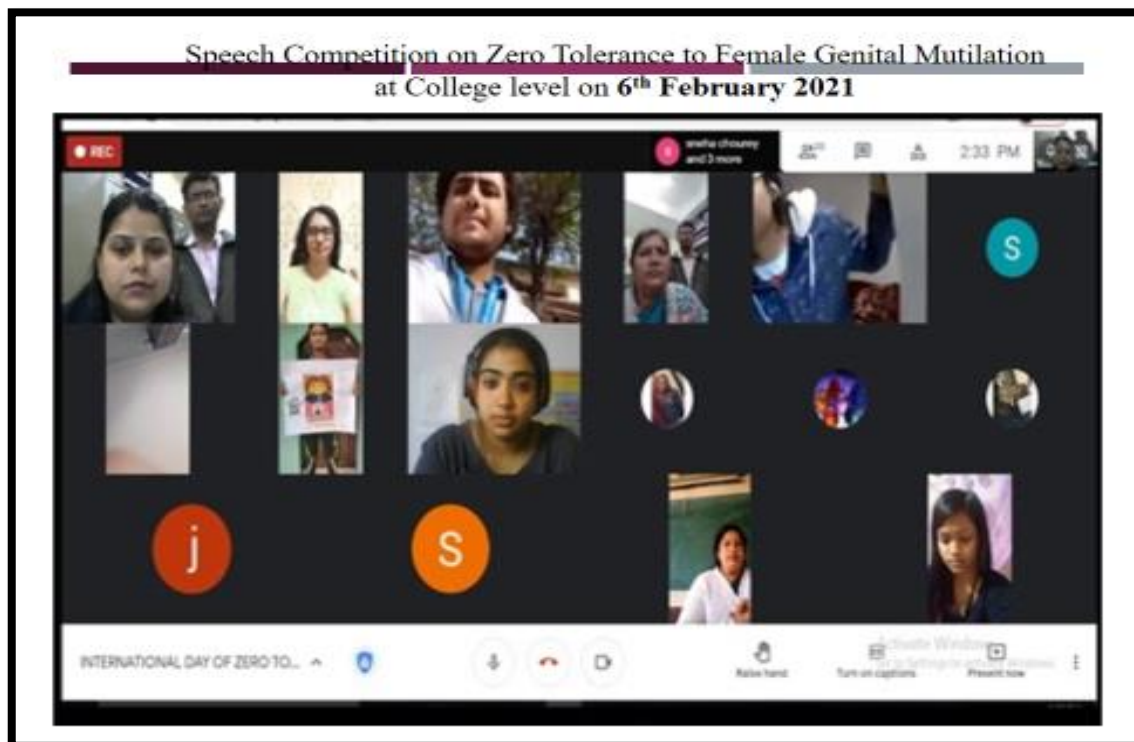
## Webinar on “*International Day of Zero tolerance for female genital mutilation*”

**Objective:** to create awareness among the students on the present scenario of health and hygiene of women in India.

Date: 06<sup>th</sup> Feb 2021

**Report:** Department of Zoology, St. Aloysius College Autonomous, Jabalpur, organized an Online Program on “International Day of Zero Tolerance for Female Genital Mutilation” under the promotion of Universal Values and Ethics on 6th February 2021. Sixty-two students Registered in speech and poster competitions on various themes.

**Impact:** A zero tolerance FGM awareness program plays a crucial role in ending the practice by empowering women and girls, engaging with communities, advocating for policy changes, promoting cultural transformation, and supporting survivors.





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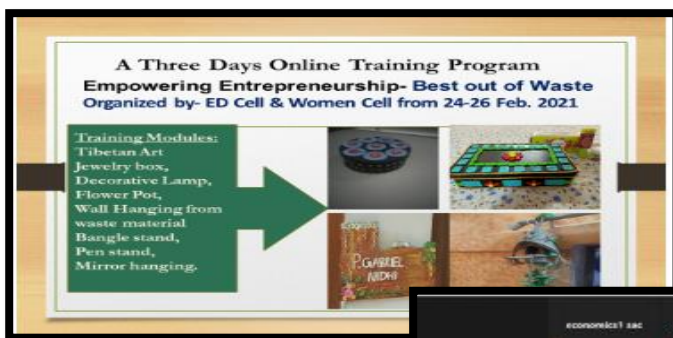
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## Three Days Training Program On “Creative Best Out of Waste for Empowering Entrepreneurship”

**Objective:** to provide training that how the students can use waste materials to make useful things

**Date:** 24<sup>th</sup> to 26<sup>th</sup> February, 2021

**Report:** Three Days Training Program On “Creative Best Out of Waste for Empowering Entrepreneurship” organized by Women Cell in Collaboration with Entrepreneurship Development Cell, St. Aloysius College (Autonomous), Jabalpur, M.P. on 24<sup>th</sup> to 26<sup>th</sup> February, 2021. The aim of the training program was to provide training that how the students can use waste materials to make useful things. The trainers were Mrs. Anshu Agrawal, Pidilite, Jabalpur and Mr. Neelesh Mourya, Asst. Professor. With the growing increase in wastes in our society from households to industrial wastes, we require a very innovative approach to get rid of them. Recycling and reusing valuable waste material can result in the development of usable products. Rather than putting these waste materials into landfills, various innovative and creative ideas can be put together to bring something new and useful.





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## Online PowerPoint Presentation Competition on “Eminent Women Personality: Contribution towards Economy”

**Objective:** to appreciate the Economic, Political, Social and Cultural achievements of Women

**Date:** 8<sup>th</sup> March 2021

Under the banner of Women Cell the Department of Economics organized Online PowerPoint Presentation Competition on “Eminent Women Personality: Contribution towards Economy” on the occasion of International Women’s Day on 8<sup>th</sup> March, 2021. The aim of the celebration was to appreciate the Economic, Political, Social and Cultural achievements of women from all walks of life and their contribution in all Economic fields. The students presented different views on Eminent Women Personality. 21 students participated in this activity.

